Dear University of Utah Parent,

Congratulations on your child’s acceptance to Utah’s flagship university! We are excited to welcome you to our campus community as your son or daughter begins a transformative and exceptional educational journey.

This handbook provides useful information that will help you navigate the U or reconnect if you are a returning parent or alumni. Orientation is designed to give students guidelines and tips for a successful launch into higher learning and to help them begin to make the connections that will make their college years both fun and rewarding.

We encourage students to explore their interests with the support of our wonderful counselors, our dedicated staff and our nationally and internationally renowned faculty who are working to solve important societal problems. We all are committed to ensuring your student has every opportunity to succeed.

There is much to discover here at the U, including more than 100 undergraduate and 90 graduate degrees designed to inspire, transform and launch your student into a successful future. But a full college experience is more than studying 24 hours a day, 7 days a week!

There are more than 600 academic, social, and athletic groups on campus, such as the Associated Students of the University of Utah (ASUU), the Lowell Bennion Community Service Center, the Hinckley Institute of Politics, the Food Recovery Network, and the Mighty Utah Student Section (MUSS) that cheers on our Pac-12 athletic teams. Our campus hosts dozens of weekly activities and events and offers many internship and research opportunities designed to take the college experience beyond the classroom. I encourage your student to get involved.

This is the beginning of a wonderful experience for both your student and you. My hope is that your student will leave not only with a solid education, but with meaningful connections that last a lifetime. Again, welcome to the U!

Sincerely,

RUTH V. WATKINS
President, The University of Utah
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FERPA AND STUDENT RECORDS PRIVACY

What is FERPA?
The Family Education Rights and Privacy Act (FERPA) is a federal law that protects the privacy of education records for students at the university. To comply with this law, the University of Utah must have written permission from the student to release any non-directory information from a student’s education record (including grades, tuition bills, housing status, and more).

Recognizing that many students wish to share this information with their parents and family members, the University of Utah has developed a system that allows students to grant their parents access to education records, through "A Consent to Release Form" on their Campus Information Services (CIS) page. This form can be found in the "Student Records" box on the CIS page. Students can grant access to parents (and other people) for the following offices: Financial Aid & Scholarships, Income Accounting (Tuition), Registrar (Student Records), Academic Advising, and Housing & Residential Education. Students must add the name(s) and email address(es) (to allow for email communication about student records) and set up a secret PIN that must be used when requesting information.

NONDISCRIMINATION & ACCESSIBILITY STATEMENT

The University of Utah does not discriminate on the basis of race, ethnicity, color, religion, national origin, sex, age, disability, sexual orientation, gender identity, gender expression, genetic information, or protected veteran’s status, in employment, treatment, admission, access to educational programs and activities, or other University benefits or services.

Additionally, the university endeavors to provide reasonable accommodations and to ensure equal access to qualified persons with disabilities. Inquiries concerning perceived discrimination or requests for disability accommodations may be referred to the university’s Title IX/ADA/Section 504 Coordinator:

Director, Office of Equal Opportunity and Affirmative Action
801-581-8365 (voice/tdd)  •  801-585-5746 (fax)
oeo.utah.edu
201 South Presidents Circle, Rm. 135, Salt Lake City, UT, 84112

Mission Statement

The University of Utah fosters student success by preparing students from diverse backgrounds for lives of impact as leaders and citizens. We generate and share new knowledge, discoveries, and innovations, and we engage local and global communities to promote education, health, and quality of life. These contributions, in addition to responsible stewardship of our intellectual, physical, and financial resources, ensure the long-term success and viability of the institution.

CODE OF STUDENT RIGHTS AND RESPONSIBILITIES

As students of the University of Utah, you are afforded rights and are accountable to act in a way that is in keeping with specific expectations. All of the details of your rights and expectations are outlined in the Code of Student Rights and Responsibilities, Regulations Library Policy 6-400, also known as the Student Code.

The purposes of the Student Code are to set forth the specific authority and responsibility of the university to maintain social discipline, to establish guidelines that facilitate a just and civil campus community, and to outline the educational process for determining student and student organization responsibility for alleged violations of University regulations. University policies have been designed to protect individuals and the campus community and create an environment conducive to achieving the academic mission of the institution.
Parent Association

Working with the Office of Enrollment Management, the Parent Association exists to serve as a resource for U families, a way to network and support each other, and an outlet to engage in the life of the University through volunteer opportunities. Joining the Parent Association is absolutely free and is the perfect way to stay informed of important information relevant to you and your student. A membership in the Parent Association gives you access to university departments and information.

Interested in getting more involved with the Parent Association? There are ways to engage with admitted students/families in your area, parent events on campus, and more through the Executive Committee and Parent Council, which guides the Parent Association.

How to be involved with Parent Association?
The Parent Association has two officers: president and vice-president. An Executive Committee of 14 parents and family members - (including the president and vice-president) - guide the Parent Association and represent the voice of parents to the university. New members are asked to join the Executive Committee each academic year. Visit parents.utah.edu for more information.

CONNECTING TO THE U

From the top down at the University of Utah, we value parents and family members as partners in the educational process. The Office of Orientation & Transition is a critical advocate, support system, and resource for parents and families of students. Our staff strives to support parents and family members of undergraduate students by communicating accurate and timely university information, providing programming that connects families with the university, and recognizing families as university partners in assisting students with their academic endeavors.

If you have questions or concerns, our office can be reached at 801-581-7069, or by emailing parents@utah.edu. We are located in Suite 280 in the Olpin Student Union, and are open Monday-Friday from 8 a.m. - 5 p.m. We look forward to connecting with you!

PARENT & FAMILY WELCOME BBQ

Long day helping your student move in? Come and enjoy a relaxing evening at the Parent Fall Welcome! This event occurs the Friday before classes begin, and it is a great opportunity for you to kick off the year with your student and other families. This event includes food, entertainment, and endless family fun! To register, visit parents.utah.edu.
NEW STUDENT WELCOME
Join us for the official welcome for all new students and their families. Learn Utah traditions and get excited about great opportunities at the U as President Watkins and other key community members welcome you. This event takes place Saturday, August 18 and no registration is necessary.

MOMS & DADS EVENTS
A Moms & Dads Event is a great opportunity to enjoy an on-campus event with your student and other families. These events include a meal, a guest speaker, and tickets to an athletic event or a fine arts show. Moms & Dads Events often sell out, so be sure to register at parents.utah.edu as soon as registration opens.

PARENT & FAMILY WEEKEND
Return to campus and get a glimpse into your student’s Utah experience during this annual event. The weekend is packed with family fun, and occurs at the same time as Homecoming. To register, go to orientation.utah.edu

PARENT COUNCIL
The Parent Council is an entity made up of parent volunteers who assist the University’s Office of Orientation & Transition team and the Executive Committee, in putting on events and fulfilling the Parent Association and University mission. As our Parent Association grows and our role expands at the University, we need more parent volunteers to ensure we are able to fulfill the numerous requests we receive to support our growing university family and our increasing number of activities.

Activities such as:
• Move-In at the Residence Halls, our Parent Welcome Luau, and supporting New Student Welcome with President Watkins.
• Fall Parent & Family Weekend, including our jointly sponsored Homecoming Tailgate Party with the Alumni Association.
• Moms & Dads Nights (meals and a campus event), throughout the school year.
• Supporting a number of recruiting events in late fall and early spring for students (and parents) interested in entering the U.
• Spring Career & Jobs Fair events (either by supporting your company’s booth at the fair or helping to sponsor an internship through your company).
• Emailing and calling campaigns congratulating parents of newly admitted students in the spring.
• Parent & Family and New Student Orientations - speaking with parents of incoming Utah students in the summer.

If you are interested in joining the Parent Council and/or volunteering to staff any of these events, please let us know by sending an email to parents@utah.edu with Parent Council in the subject line, or by calling the Office of Enrollment Management at 801-585-1141.

NEWSLETTER
Visit parents.utah.edu to sign up.

MOVE-IN WEEKEND
Move-in is available the Thursday before classes begin! Look for Parent Association tables and members, who will be present to answer your questions.

Join us for the Parent & Family Welcome BBQ on Friday, August 17, for more information visit orientation.utah.edu

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THE UNIVERSITY OF UTAH
10
PARENT & FAMILY HANDBOOK
Supporting College Students

Attending college is one of the most important investments a family can make. An education at the University of Utah opens doors, unleashes potential, and places your student in a community of “doers”: confident, capable people joined by a desire to accomplish great things.

Adjusting to college life can be rewarding, yet difficult at times. As your student faces challenges and learns to live in a new environment, you may feel pride in their successes. However, change can occur as well, both in your student and in your relationship with your student. The frequency, tone, and method of your student’s communication with you may change, along with their personal characteristics. Discussing and being aware of these potential changes can help minimize the stress and conflict of this adjustment. Simply expressing your support and encouraging your student to take ownership of their educational journey will go a long way towards their success. On the following page are tips that we hope will be of assistance in supporting your student through their time at the University of Utah.

1. Learn about the University of Utah: The U has many opportunities for students to make their college experiences successful and unique. A well-timed referral to a campus resource will assist in building your student’s self-confidence when facing the challenges of adjusting to college life.

2. Expect change in your student: Give your student the opportunity and safe space to express new viewpoints and passions. There are pressures on your student to have set career plans, so encouraging exploration of interests and new experiences will support them as they develop future goals.

3. Understand the difference between high school and college: No longer are students in class from morning till afternoon, Monday through Friday. Schedules are more scattered, and students are expected to assume more responsibility for their academic success. This change will affect their home life, too, whether they live on campus or with you. Students find a new sense of independence, which can lead to conflict about responsibilities at home.

4. Communication is key: Set a plan for communicating with your student, especially if they are no longer living with you. Stay in touch through phone and video conversations, text messages, and even social media. Show an interest in the various aspects of your student’s life at the U – friends, classes, and activities – without pressuring them for information.

5. Promote independence and problem-solving: Allow conversations to be driven by your student. Ask questions about how they plan to work through issues that may occur to help them get to the answer on their own. Let your student make low-impact mistakes, which often turn into the best and most memorable learning moments.

6. Trust your instincts: Let your student make mistakes, but do not ever compromise or ignore something that can be an issue of safety. You know your student better than anyone else. If a change in personality or lifestyle becomes concerning to you and seems to be an issue of safety, do not hesitate to confront your student and/or encourage them to access the many health resources on campus, such as the Student Health Center and the University Counseling Center.

7. Support a healthy lifestyle: Urge your student to make choices that contribute to a balanced lifestyle. Making time for sleep, meals, socializing, and exercising are all essential components to help them achieve their academic goals. The Center for Student Wellness and Campus Recreation are two excellent ways for students to find healthy options and opportunities.

8. Encourage your student to get involved outside the classroom: The university has over 600 student organizations, in addition to an undergraduate research program, internships, community service programs, and numerous student leadership opportunities. Getting involved will help your student feel connected to the U as a campus and a community.

9. Get involved yourself: There are many opportunities to get involved as a proud Utah parent! The Parent Association provides opportunities for volunteering from Parent & Family Weekend to calling and congratulating parents of admitted U students. The Parent Association is governed by the Executive Committee, which welcomes new members each fall.

THE UNIVERSITY OF UTAH
PARENT & FAMILY HANDBOOK
Office of Orientation & Transition

801-581-7069 • orientation.utah.edu

The Office of Orientation and Transition is here to make sure your student’s transition to college life is exciting and engaging. We’ve created programs that help students feel comfortable, confident, and be successful here at the U. We create an environment that promotes student success and empowers them to embrace their unique identities and leadership styles. Our staff provides key programs, and activities focused on orientation, transition, and retention including first-year and second-year student programs, transfer student programs, and parent and family programs.

CAMPUS LIFE MENTOR

801-581-7069 • orientation.utah.edu/first-year

The Campus Life Mentor Program is designed to engage first-year students with the University of Utah and surrounding campus community. Our mission is to provide new students with an immediate connection to the University of Utah by pairing them with trained mentors who provide guidance, resources, advice, and support. The mentors are experienced students from a variety of backgrounds who serve as role models to new students by helping them transition and acculturate to the University of Utah through individual interactions as well as small and large group events in the fall and spring semesters.

ORIENTATION LEADERS

801-581-7069 • orientation.utah.edu

The Orientation Leader position (OL) is a paid student leadership opportunity available to all students who will be attending the university in the fall semester following the summer that they work. OLs will have the chance to work with professionals in higher education who specialize in orientation programs. Orientation Leaders build professional connections that will help them to thrive in their time at the university and will work as part of a team of highly accomplished individuals from a variety of backgrounds and mindsets. Encourage your students to apply! This opportunity for personal and interpersonal development is a great way for students to launch into a successful college experience.

PICTURE YOUR FIRST YEAR

801-581-7069 • orientation.utah.edu/first-year

The first semester in college is a transformative time. To creatively track what this is like for University of Utah students, first-year participants will document their personal transition story through photography. Throughout the semester, the project participants will take images following planned themes to explain their view of transitional issues facing new students at different times. Each week, the students meet in small groups with an upper-class mentor for an hour to share the photos and stories of what they are experiencing. This meeting time serves as a time to connect with other first-year students and as another support system during the students’ transition to the U. Prior experience with photography is not a requirement. For students without a camera, the Office of Orientation & Transition has cameras that can be loaned to participants for the duration of the program.

SOPHOMORE RISE

ugs.utah.edu/sophomore-rise/sophomore-experience.php

Your student is going to be a sophomore next year. Take advantage of all of the resources available through Sophomore Rise to ensure their second year at the U is a resounding success. One of the first things they can do is register for the Sophomore Course, Finding Your Sense of Purpose. The course is available as a one-credit course or a noncredit workshop. Students can add UGS 2900 to their fall schedule, or choose a noncredit workshop (details online), and start their second year off with an experience uniquely designed to help students define their college path.

SWOOP CAMP

801-581-7069 • orientation.utah.edu/first-year/swoop-camp.php

Swoop Camp is a once in a lifetime extended orientation program designed to help further ease the transition of your student to the University of Utah. The primary goals of Swoop Camp are to get students excited about the U, help them form connections with their peers, provide intentional leadership development, share Utah history and traditions, and provide resources for student involvement and success! This year your student will have the option to choose between Swoop Camp Adventure, Backcountry, Spirit, or Crimson. Each camp provides an outdoor experience with adventures that may include hiking, rock climbing, and team building exercises. We look forward to your student “Swooping In” with us.

PARENT & FAMILY HANDBOOK
**LEAP**

801-851-8920 • leap.utah.edu

LEAP is a class taken with the same professor and a cohort of students with a peer advisor. LEAP sets students up for success by creating a sense of community within the large university, and by building skills necessary for upper division major courses. LEAP courses include outstanding professors devoted to best practices in the classroom and typically meet three general education requirements over two semesters. The Peer Advisor connects students with campus resources, events, and opportunities. Students who take LEAP are eligible for LEAP leadership positions and scholarships. LEAP offers a variety of courses, such as engineering or health professions ethics, social and behavioral sciences, science in society, humanities, the role of law in society, service-focus, fine arts, and dealing with differences in an international perspective.

**OFFICE OF ENGAGEMENT**

801-587-2997 • engagement.utah.edu

The U’s Office of Engagement connects community with the University of Utah and builds bridges between the campus and surrounding area. Through the Office of Engagement, students support each other in achieving academic success and providing a cohort to stay connected with throughout their educational careers. Beacon Scholars engage at the university and in their own communities, inspiring future generations to strive for higher education. Students build their ideas, passions, and perseverance in order to make a difference. Students design and direct their own projects building their leadership and programming skills with the freedom to dream big and fail forward. Students engage with their cohort to develop a supportive community, mentor, and progress their skills both personally and professionally.

**DREAM CENTER**

801-587-3470 • engagement.utah.edu/dream-center/

The Dream Center at the University of Utah Office of Engagement works holistically with undocumented students and their families from college access to graduation.

The Dream Center engages in specialized college outreach and access strategies, provides individualized mentoring and scholarship support for current and future University of Utah undocumented students, promotes campus-wide advocacy and trainings for University of Utah students, faculty, staff, and administration, and increases community-wide awareness of policies affecting current and future University of Utah undocumented students.

**SOMOS DREAMERS**

engagement.utah.edu/dream-center

The SOMOS Dreamers strive for educational, social, political, and economic empowerment of minority students within our communities to work towards retention of undocumented minority students once in an institution of higher education such as the University of Utah. SOMOS Dreamers work to raise funds for undocumented/HE44/DACA students who are enrolled at the University of Utah. They sponsor fundraising events to generate scholarships and encourage Chican/o/a and minority students to obtain a higher education in order to promote higher education for undocumented/HE44/DACA students. These events bring awareness about the hardships and struggles faced by undocumented students who are unable to receive funding from the federal government.

**BEACON SCHOLARS PROGRAM**

801-587-2997 • engagement.utah.edu/beacon.php

The Office of Engagement’s Beacon Scholars program is designed to provide first generation students at the U with a small community on campus. Through Beacon Scholars, students support each other in achieving academic success and providing a cohort to stay connected with throughout their educational careers. Beacon Scholars engage at the university and in their own communities, inspiring future generations to strive for higher education. Students build their ideas, passions, and perseverance in order to make a difference. Students design and direct their own projects building their leadership and programming skills with the freedom to dream big and fail forward. Students engage with their cohort to develop a supportive community, mentor, and progress their skills both personally and professionally.

**TRIO PROGRAM**

801-581-7188 • trio.utah.edu

The TRIO Student Support Services Programs (SSS) at the University of Utah is an educational success program for first generation, low-income, and students with disabilities who are seeking their first bachelor’s degree. The SSS Program serves qualified admitted students at the university and provides students with academic advising, tutorial, financial aid assistance, career exploration and course offerings in math, writing, and first-year experience (tutorial free to those who qualify) as well as disabilities §504/§508 which ensures individuals with disabilities the opportunity to gain access to our educational programs and activities. The Office of Post-secondary Education disburse $30,000 of scholarships to participants in the program each year.

**LORDE SCHOLARS PROGRAM**

801-581-7369 • diversity.utah.edu/lorde-scholars/

The Leaders of Resilience, Diversity and Excellence (LORDE) Scholars program is named after the great author, scholar of color and activist for social justice and LGBTQ + rights—Audre Lorde. Through this retention program students engage in different workshops, read critical literature and media, and go on various social excursions to connect experiences, navigate educational pathways, and plan their futures after the U. The program connects students to resources and opportunities across campus while building students to be successful academically and personally. Furthermore, it allows students to increase their leadership development and be mentored by outstanding scholars and leaders.

**TRIO SCHOLARS PROGRAM**

801-851-7188 • trio.utah.edu

The TRIO Student Support Services Programs (SSS) at the University of Utah is an educational success program for first generation, low-income, and students with disabilities who are seeking their first bachelor’s degree. The SSS Program serves qualified admitted students at the university and provides students with academic advising, tutorial, financial aid assistance, career exploration and course offerings in math, writing, and first-year experience (tutorial free to those who qualify) as well as disabilities §504/§508 which ensures individuals with disabilities the opportunity to gain access to our educational programs and activities. The Office of Post-secondary Education disburse $30,000 of scholarships to participants in the program each year.

**PARENT & FAMILY HANDBOOK**
DIVERSITY SCHOLARS PROGRAM
801-585-1538 • diversity.utah.edu/first-year-diversity-scholars/

The Diversity Scholars program focuses on enriching the campus experience for historically marginalized communities including students of color, first-generation, low-income, and LGBTQIA+, among others. Our program serves as a resource and springboard for academic and social success at the U. We offer our students a year-long program that supports them through personalized campus experience—including academic advising, regular interactions with faculty/staff of diverse backgrounds, mentoring relationships, community and campus engagement opportunities, leadership development, free tutoring, opportunities for scholarships, and more. Through Diversity Scholars, students take an Ethnic Studies course that fulfills two general education requirements (HF and DS) and focus on building a community that actively engages on issues like racial and ethnic diversity, sexual orientation, and gender identities.

PRESIDENTIAL AMBASSADORS
801-581-7200 • president.utah.edu/contact/presidential-ambassadors/

The Presidential Ambassadors in higher education is designed to give students from diverse fields and backgrounds the opportunity to collaborate with the university’s administration on the president’s student initiatives. The ambassadorship will also provide opportunities to learn about leadership and issues in higher education. In turn, the university’s administration benefits by seeing and experiencing the student perspective. We work directly with the President’s Office to conduct projects, host the president’s events, and attend regular cohort seminars from influential leaders around the community.

UNION PROGRAMMING COUNCIL (UPC)
801-581-5888 • upc.utah.edu

The Union Programming Council (UPC) is a group of students dedicated to making the Union a home for everyone at the U. Our mission is to develop and organize activities at the Union to fulfill a student’s academic and experiential education. We work hard to create fun and exciting events such as Crimson Nights, the U’s largest late-night dance party, and Family Springfest, a festival of games and entertainment specifically for children.

Nearly every week UPC has an event, whether it’s a national holiday event, community service activity, or food giveaway. You’re never going to stay up to date with all the FREE and fun things UPC has to offer. The best way to stay informed is to follow UPC’s social media platforms through the handle @yourcampuslife.

ASSOCIATED STUDENTS OF THE UNIVERSITY OF UTAH (ASUU)
801-581-2788 • asuu.utah.edu

Serving as the student government of the university, all enrolled students are members of ASUU. ASUU represents the voice of students to the university, while planning and hosting events for students. ASUU also provides students with assistance in child care, tutoring, and legal services.

There are many opportunities for leadership roles in ASUU, from serving as the student body president to volunteering with ASUU events. ASUU is also the home for registered student organizations at the university.

STUDENT ORGANIZATIONS
801-581-2788 • asuu.utah.edu/student-groups

ASUU coordinates and supports over 600 student groups at the University through providing advice, financial support, and ways to connect with students that share an interest. Groups include those related to arts and entertainment; academic and professional development; social and multiculturalism; and athletics and recreation.

RESIDENCE HALL ASSOCIATION (RHA)
801-587-0866 • rha.utah.edu

RHA provides and promotes a social and educational environment for all students living on campus through programming, providing residents with leadership and conference opportunities. RHA is comprised of elected and volunteer positions. Residents can volunteer on the following boards: Marketing and Outreach, First Year, Apartment Council, Honors Council, Programming, Social Justice, and Sustainability.

RHA is funded through resident fees and fundraising. Resident dues are collected on a semester basis to provide as many opportunities for the current residents to participate in RHA activities.
Deeply Engaged Learning Communities

MUSE PROJECT

muse.utah.edu

The University of Utah MUSE Project (My "U" Signature Experience) is dedicated to helping all undergraduate students create a genuinely personal education. We provide opportunities for mentored learning across campus and educational experiences that help you develop your unique potential for intellectual and imaginative work. Together, we can help you build personal educational relationships with professors, community leaders, and distinguished national guests.

THE OFFICE OF UNDERGRADUATE RESEARCH

801-581-8070 • or.utah.edu

Did you know that undergraduate students at the University of Utah collaborate with faculty members on cutting-edge research? The Office of Undergraduate Research supports undergraduate student researchers throughout campus via research advising, research education events, funding programs, and student presentation and publication opportunities.

LEARNING ABROAD

801-581-5849 • learningabroad.utah.edu

Is your student considering studying abroad? If not, they should be.

Here at the U, learning abroad is one of the most exciting, challenging and rewarding experiences your student can have. Studies show that learning abroad can help your student access the world in a new way and most importantly, every student. Worried about residency? Learning Abroad offers programs for every interest, every major, and the ability to understand and work with different people are highly valued.

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HINCKLEY INSTITUTE

801-581-8501 • hickingley.utah.edu

The Hinckley Institute provides an array of transformative experiences for students through internship programs, Hinckley Forums, and other impactful programs. The Hinckley Institute has substantive internships for students of all majors here in Utah, nationally, and globally. These internships allow students to earn school credits, create personal networks, and gain invaluable skills that will benefit them throughout their college and professional careers. To ensure all students have the opportunity to experience an internship, Hinckley distributes around $450,000 in scholarships each year. Additionally, the Hinckley hosts over 100 forums each year, bringing in local, national, and international thought leaders to discuss the most current and pressing topics. The Hinckley Institute also offers a Campaign Management Minor, a speech competition called HP Talks, and voter registration campaigns.

INNOVATION SCHOLARS

801-213-8700 • lassonde.utah.edu/innovation

The U is known around the globe as a place where great innovation happens. Students embrace their entrepreneurial spirit and match their passion with a purpose. The Innovation Scholars program offered through the Lassonde Entrepreneur Institute helps students understand the process of innovation, allowing them to invent their own future and tap into the rich community of innovation at the U. Through a personalized road map, students explore solutions to big problems and make big ideas happen in an area of unique interest. Innovation Scholars are recognized at graduation as an Innovation Scholar and can share their portfolio with future employers, graduate schools, and community leaders.

BlockU is a two-semester learning community that provides a meaningful pathway through general education requirements. Students take six courses together, three in the fall and three in the spring. This “block” of courses is selected to explore contemporary questions that are important regardless of major. Students have access to dedicated teachers, advisors, librarians, peer mentors, and Student Success Advocates. Taking two semesters of a BlockU program covers all Intellectual Explorations requirements. BlockU themes for 2018:

- Arts, Leadership & Community
  - Families & Health
  - Medical Humanities
  - Entrepreneurship & Society
  - The Da Vinci
- Work, Wellness & the Great Outdoors

The National Student Exchange (NSE) provides opportunities for students to study for a semester or a year at another NSE university in the United States, Canada, Guam, Puerto Rico, and the US Virgin Islands. NSE participation expands academic, cultural, and personal experiences. It is also an affordable way to enhance an undergraduate program and help launch students’ future careers. The National Student Exchange offers programs for every interest, every major, and the ability to understand and work with different people are highly valued.

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The University of Utah

Advising is always available to students, but there are times when it is required:

- Any student who falls below the required 2.0 cumulative GPA is required to meet with an advisor to devise strategies for success.
- All students are required to meet with their major advisor to declare their major and to apply for graduation.
- All second-year students are required to meet with a major advisor or work on major exploration with an Academic Advising Center Advisor.
- All new transfer students are required to meet with an advisor on a regular basis.
- All first-year students are required to meet with an Academic Advising Center Advisor.
- Departmental Advisors provide detailed information on major requirements and opportunities within the major.
- Academic Advising Center Advisors help entering students navigate the university, understand policies and requirements, and explore majors and minors and prepare for admission to professional school in medicine, dentistry, law, pharmacy, and physical therapy.

There are two types of advisors at the University of Utah:

- Departmental Advisors provide detailed information on major requirements and opportunities within the major.
- Academic Advising Center Advisors help entering students navigate the university, understand policies and requirements, and explore majors and minors and prepare for admission to professional school in medicine, dentistry, law, pharmacy, and physical therapy.

The University of Utah Campus Store is the official retailer of the U and Utah Athletics. They offer incredible pricing opportunities just for students such as tax-free and academic pricing on electronics, textbook rentals, and the largest selection of Utah gear at a great price. Find us at three Campus locations, the Campus Store Health in HEB, the Sandy One Campus, and the Main Campus Store here in the Heart of Campus.

The Bennion Center connects University of Utah students with the vibrant world of tomorrow by immersing them in real community service learning experiences by enrolling in community engaged learning (CEL) courses, taking an alternative break service trip, living in the Bennion Service House, tutoring school children in Utah READS, leading a Student-directed project, reaching across cultures to learn and serve in Cuba or Costa Rica, or designing a capstone in the Bennion Scholars program. The Bennion Center empowers students to create a healthy vibrant world of tomorrow by immersing them in real community issues today, and imploring students to always ask: “How can I help?”

Our mission is to foster lifelong service and civic participation and to inspire students to create a healthy vibrant world of tomorrow by immersing them in real community issues today, and imploring students to always ask: “How can I help?”

The Center for Disability & Access is the designated office which evaluates disability documentation, determines eligibility, and implements reasonable accommodations for enrolled students as outlined by Federal and State law. We also strive to create an inclusive, safe and respectful environment. By promoting awareness, knowledge, and equity, we aspire to impact positive change within individuals and the campus community.

The Center for Disability & Access is dedicated to students with disabilities by providing the opportunity for success and equal access at the University of Utah. We are committed to providing reasonable accommodations as outlined by Federal and State law. We also strive to create an inclusive, safe and respectful environment. By promoting awareness, knowledge, and equity, we aspire to impact positive change within individuals and the campus community.

The Center for Disability & Access is the designated office which evaluates disability documentation, determines eligibility, and implements reasonable accommodations for enrolled students as outlined by Section 504 of the Rehabilitation Act, the Americans with Disabilities Act, and university policy. Students may make an initial intake appointment by contacting our office at 801-581-5020, visit disability.utah.edu.

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We coordinate the Student Conduct Administration processes, serve students through support, advocacy, involvement, and accountability. As a support for students facing challenges to their success as students, our office can also serve as a referral resource to other areas within the university and/or the Salt Lake community. Our site features links where you can report three types of incidents: sexual misconduct/harassment, behavioral intervention/concern, and behavioral misconduct. Our staff are ready to assist students, staff, faculty, family members, and community members who attend the university. Cal or stop by the VSC to find out how it can help you succeed and enjoy your time at the U.

**DEAN OF STUDENTS OFFICE**
801-581-7066  •  deanofstudents.utah.edu

The Office of the Dean of Students is dedicated to being a resource to students through support, advocacy, involvement, and accountability. We coordinate the Student Conduct Administration processes, serve as a support for students facing challenges to their success as students, and assist with the interpretation of University policy and regulations. Our staff are ready to assist students, staff, faculty, family members, and community members with student questions, issues, and concerns. Our site features links where you can report three types of incidents:
- behavioral misconduct
- sexual misconduct/assault
- sexual misconduct/assault

Our office can also serve as a referral resource to other areas within the university and/or the Salt Lake community.

**VETERANS SUPPORT CENTER**
801-581-7722  •  veteranscenter.utah.edu

The Veterans Support Center serves military-affiliated students, including dependents of those who are active duty or reserve National Guard, and veterans who were not dishonorably discharged. Providing a one-stop shop for services, support, and camaraderie, the VSC staff includes VA advisors, peer mentors, career coaches, and personnel that certify enrollment for VA educational benefits. The center provides free services including advising, advocacy, tutoring, a computer lab, refreshments, lounge, study hall, and more. The VSC is honored to support service members, veterans, and their family members who attend the university. Call or stop by the VSC to find out how it can help you succeed and enjoy your time at the U. We provide information and services for student-parents. Whether you're looking for quality child care or need assistance paying for it, this is the office for you. Our other FREE services for student-parents include a diaper bank, Parent Night Out, Finals Week Care and a registry where you can sign up to either find a babysitter/nanny or be one.

**STUDENT SUCCESS ADVOCATES**
801-581-7569  •  diversity.utah.edu

Student Equity and Diversity provides support for students of color at the University of Utah. In addition to serving the needs of students of color, Student Equity and Diversity works to promote an environment of acceptance that honors all forms of diversity. It assists students in their transition to the University through advising, supporting student groups such as the Black Student Union and the Inter Tribal Student Association, and hosting events, such as the Asian American High School Conference.

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**WOMEN’S RESOURCE CENTER**
801-581-8830  •  womenscenter.utah.edu

The Women’s Resource Center (WRC) serves as the central resource for educational and support services for women. Honoring the complexities of women’s identities, the WRC facilitates choices for educational and support services for women. Honoring the complexities of women’s identities, the WRC facilitates choices for educational and support services for women. The WRC offers counseling services, scholarship funding and programming focused on outreach, recruitment, and retention of university students.

**CENTER FOR CHILD CARE & FAMILY RESOURCES**
801-585-5887  •  childcare.utah.edu

The Center for Child Care and Family Resources has valuable information and services for student parents. Whether you’re looking for quality child care or need assistance paying for it, this is the office for you. Our other FREE services for student-parents include a diaper bank, Parent Night Out, Finals Week Care and a registry where you can sign up to either find a babysitter/nanny or be one.

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CAREER & PROFESSIONAL DEVELOPMENT CENTER
801-581-6186  •  careers.utah.edu
The Career & Professional Development Center consists of a collaborative and inclusive team dedicated to developing students professionally and personally by supporting, inspiring, and preparing them to make their vision a reality. We seek to empower our students to pursue excellence in every career decision they make. No matter where a student is in their college career, we can help. It is never too early to start thinking about the outcomes and plans for after graduation. Preparing earlier gives students an opportunity to network and discover what they want to do while still in school. No matter what, remember that “We’ve Got U! From beginning to end.”

LEARNING SUCCESS CENTER
801-581-5153  •  learningcenter.utah.edu
The Learning Success Center is an academic support program designed to give students assistance needed for a successful academic experience, consisting of three primary components:
• ASUU Tutoring Services: One-On-One Tutoring Sessions at the affordable rate of $7/hour, individually scheduled at a convenient time and location
• Free Drop-In Tutoring at the Marriott Library: Sunday-Thursday evenings in general education STEM subjects and writing
• Supplemental Instruction: Free, regularly scheduled, out-of-class group study sessions in select undergraduate courses.

• Learning Strategies: Free consultations with a learning specialist offering help with learning strategies, including test taking and study skills. Group presentations also available.

UNIVERSITY OF UTAH WRITING CENTER
801-587-9122  •  writingcenter.utah.edu
The University Writing Center – located in MLIB 2701 – is proud to offer writing support for undergraduate students, graduate students, and faculty members. Our tutors can help write at any stage of the writing process – from brainstorming and planning to organizing paragraphs, citing sources, and proofreading sentence-level errors. They can help with all writing assignments – from lab reports to Writing 1010/2010 essays and cover letters. The Writing Center is a supportive, nonjudgmental space that offers face-to-face consultations (weekdays 9 a.m. to 7 p.m. Monday through Thursday and 9 a.m. to 3:00 p.m. on Fridays) and asynchronous online consultations (daily). Visit our website for more information: writingcenter.utah.edu or call us at 801-587-9122. All U students and their children are welcome; we have whiteboards, markers, and a friendly staff.

T. BENNY RUSHING MATHEMATICS STUDENT CENTER
801-581-6851  •  math.utah.edu/undergrad/mathcenter.php
The T. Benny Rushing Mathematics Student Center has something for all students. The Mathematics Tutors Center offers free, drop-in tutoring to students enrolled in the following math department classes: 990, all 1000 and 2000 level courses, 3140, 3150, 3160, 3210 and 3220. Students in classes above calculus should check the schedule to see when a tutor will be there to help them with their questions. Schedules are posted in the tutoring center and online.

In addition to tutoring, the Math Center offers a drop-in computer lab and study areas for group and individual study adjacent to the tutoring area.

The Mathematics Center is located in the basement between LCB. The hours are 8 a.m. to 8 p.m. Monday through Thursday, and 8 a.m. to 6 p.m. on Friday.

HOMELESS TASK FORCE
801-587-2269  •  asuu.utah.edu/displaced-students
The mission of the Homelessness Task Force is to create sustainable and accessible resources at the U of U and SLC community in order to create a network of support that promotes student health, wellness, safety, and success. Students may face housing issues or find themselves displaced for many reasons. Each student’s situation requires an individualized response that supports the achievement of their educational goals at the University of Utah. As a task force representing offices, departments and colleges across campus, we collaborate to address our students’ specific needs and utilize existing resources to address both current housing issues and variables that contribute to their situation. Students who need assistance from the Homelessness Task Force should start by contacting a Student Success Advocate: studnetsuccess@utah.edu/advisors/home.

FEED U PANTRY
feedu.utah.edu
The University of Utah food pantry provides non-perishable, nourishing food for our students and their families. Fill out a simple one-time demographic form on our website or in person. Bring a valid UCard during your visit and present your ID to a volunteer. You will be given a bag (bringing your own bag is encouraged) to select what you need from the pantry. Due to a variety of extenuating circumstances that may affect our students, the pantry has no limit on the amount of food can take or how long they can use the pantry. We simply ask that clients be mindful of others that use the pantry.

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Housing & Residential Education

801-587-2002 • housing.utah.edu

Housing & Residential Education (HRE) creates an engaging community where students live, learn, and thrive. We develop a sense of belonging, provide opportunities for personal growth, and foster a safe and supportive environment. Our team aims to make the University of Utah feel like home for your student. Research shows that students who live on campus have an easier time meeting people, earn higher grades, and are more likely to graduate. HRE offers a variety of housing options for students. These include traditional residence halls and apartment spaces located on campus, as well as apartment spaces located downtown and in surrounding areas.

University Student Apartments

801-581-8667 • apartments.utah.edu

The University of Utah owns and operates 1,094 unfurnished apartment units for non-traditional students and their families. Utilities, cable television, basic telephone service and high speed Internet are included.

University Student Apartments’ family housing program is one of the largest of its kind in the country and accommodates students from all over the world. Our apartment community fosters individual lifestyles and educational opportunities within a framework of responsible freedom. Residents enjoy children’s programs, cultural activities and individual participation in community affairs.

Dining

801-581-7257 • dineoncampus.com

Eating healthy, balanced meals helps students study and keeps them feeling their best. We’re proud to offer delicious meals that meet a variety of diets by using fresh, local ingredients at each of our dining services locations. Our dining services offer a variety of affordable meal plans to fit every student’s needs depending on where they live, how often they plan to utilize our services, and what locations on campus they’ll be spending most of their time at. You can find more specific meal plan information that will help you figure out which meal plan is the best for you and purchase a meal plan by visiting our website.

Commuting to the U

Campus Shuttles

801-581-6415 • commuterservices.utah.edu

The Campus Shuttles Department is dedicated to serving the Campus community through accessible routes and schedules. Shuttles operate Monday through Friday from approximately 6:00 a.m. to 11:30 p.m., depending on the route and are available to the general public for no additional charge. There is no regular weekend service.

Shuttle Tracking Features

www.uofubus.com

The “Live Shuttle Tracking” and “Text Message Route” provides the location of each bus. Visit www.uofubus.com to access the map and find links to download mobile apps for Apple and Android phones.

Planning ahead? Specific route information is located in the details section under more route information.

Utah Transit Authority (UTA)

rideuta.com

UTA serves Salt Lake and the surrounding counties with bus, light rail (TRAX) and high-speed rail (FrontRunner) service. Using their Ucard, students can ride these UTA services at no additional cost. Use UTAs free trip planner at rideuta.com to find your fastest route to campus. Whether you drive to campus or take UTA, Commuter Services runs a free shuttle service to get you around campus.

Parking

801-581-6415 • parking.utah.edu

All students planning to drive to campus must have one of the four parking passes offered to students by Commuter Services. The CU permit costs $630 for the 2018-2019 school year and allows covered parking in the Central Garage in the Business Loop, as well as uncovered U permit areas on campus. The U permit costs $560 for the year and allows students to park closer to campus buildings. The E permit allows parking in a lot a little further from campus buildings, and costs $90 for the school year. An M permit is available for motorcycles and scooters and costs $75.

Parent & Family Handbook
Safety on Campus

DEPARTMENT OF SAFETY/CAMPUS POLICE
801-585-2677 (non-emergencies)
911 (emergencies)
dps.utah.edu

The University is committed to providing a campus environment that promotes a feeling of safety and security. The Department of Public Safety (DPS) provides law enforcement and security services to both the hospital and the undergraduate campuses, including on-campus housing. DPS offers full police services (including 911 service), motorist assistance, a self-defense program, and a campus safety escort program. For additional information, including the University's annual security report, visit the DPS website.

SAFETY ESCORTS
801-585-2677 • safeu.utah.edu

Many students or employees need to be on campus at night or at odd hours. Perhaps you feel nervous when you need to walk some distance to your vehicle, residence hall, or another building on campus.

If for some reason you would feel more comfortable having someone walk with you, please give us a call. All it takes is a phone call to the police dispatcher at 801-585-2677. Just tell the dispatcher where you are and request an escort to a particular campus location. We will dispatch a security officer to walk with you or to give you a ride to your desired location.

CAMPUS ALERT
alert.utah.edu

The Campus Alert System is designed to reach everyone on campus in the best way possible during an emergency. Most alerts are sent via email, but on rare occasions emergency messages will be sent via text to cell phones. Students should register their cell phone numbers through the Campus Information System (CIS) to receive text message notifications during serious emergency.

U HEADS UP!
dps.utah.edu/headup

The University of Utah “U Heads Up!” app provides students, faculty, staff, and visitors with a quick-reference campus emergency response guide, a photo and comment upload to tell us about your safety concerns around campus, and push notifications from our Campus Alert system. Get the important emergency information you need to stay safe at the University of Utah.

Download the app from the App Store or Google Play store.

SAFEU/SEXUAL ASSAULT AWARENESS
safeu.utah.edu • sexualassault.utah.edu

The University of Utah has an unwavering commitment to being an inclusive, respectful and safe community for all who work, study, and visit our campus. There is no place for violence, sexual harassment, sexual assault, or discriminatory behavior on our campus. The University of Utah is committed to ending sexual misconduct and supporting survivors. This website provides accurate and comprehensive information regarding the reporting process and available resources for students, faculty, and staff. The SafeU website is one part of a broader institutional effort to reach that goal. It provides easily accessible and comprehensive information on a range of topics, from how to report a sexual assault to where to learn about bystander intervention training.

SAFEUT CRISIS TEXT & TIP LINE
800-273-8255 • tinyurl.com/safeut

This app is designed to provide support to younger adults and youth through real-time confidential crisis interventions through live chats and calls. The program is operated and staffed by the University Neuropsychiatric Institute (UNI). Users can also submit confidential tips through this free app.

These are the services provided 24/7:
• Supportive or crisis counseling
• Suicide prevention
• Referral services
• Confidential and password protected services
• Real-time, two-way communication with SafeUT crisis counselors available 24/7
• Tips can be submitted with picture and/or video

Mobile app works with Apple and Android devices.
Health & Wellness

CAMPUS RECREATION
801-581-8898 • campusrec.utah.edu

Housed in the new George S. Eccles Student Life Center, Campus Recreation Services connects students with exciting fitness, recreational, competitive, and outdoor adventure opportunities.

Students can join intramural sports leagues, rent outdoor gear, sign up for amazing adventure trips, or take fitness classes, climb the 54’ indoor climbing wall, or go for a swim in the 50-meter pool.

In addition to the sports, fitness, and adventure facilities, students can catch up on academics in any one of the study nooks, grab a healthy bite to eat at Freshen’s, bank at the University Federal Credit Union, or visit the Center for Student Wellness for some wellness coaching.

The Eccles Student Life Center has truly become a hub for students at the University of Utah, and we encourage you to take advantage of all the amazing programs Campus Recreation Services provides.

Please find us online at campusrec.utah.edu or @uofucampusrec on most of your favorite social media platforms.

CENTER FOR STUDENT WELLNESS
801-581-7776 • wellness.utah.edu

The goal of the Center for Student Wellness is to help students have successful academic and personal experiences by encouraging comprehensive wellness. We accomplish this by providing information and resources in the form of health education and advocacy services.

- Our health educators engage with students on a variety of wellness topics in the form of workshops, presentations, and mobile clinics. Popular topics include relationship and sexual health, stress management, violence prevention, and low-risk drinking behaviors.

- Our advocates support survivors of interpersonal violence (IPV) through empowerment and education. IPV encompasses many experiences, including dating violence, sexual harassment, stalking, and rape. Advocates help survivors navigate resources and processes. Whether a survivor is seeking for academic adjustments or reporting procedures, our advocates are trained to guide them through campus and community resources with empathy and compassion.

STUDENT HEALTH CENTER
801-581-6431 • studenthealth.utah.edu

The Student Health Center provides basic medical care for students and their dependents. The cost of service is discounted for students in an effort to make affordable care available. Service includes: general wellness appointments, sports medicine services, immunizations, student health insurance, and travel medicine.

The Student Health Center is located in the Madsen Health Center, which also houses a University of Utah Health Care primary care practice.

UNIVERSITY COUNSELING CENTER
801-581-6826 • counselingcenter.utah.edu

The University Counseling Center (UCC) offers mental health support to undergraduate and graduate students challenged by personal, academic, and career concerns. Our approach is collaborative, goal-driven, and multiculturally-oriented, and aimed at maximizing students’ success at the University of Utah. We strive to increase students’ understanding of themselves and to help them learn and implement skills to meet their needs. Services include individual, couples, and group counseling, psychiatric care and medication management, crisis services, academic, career, and personality assessment, and outreach and training for the community. These services are provided by licensed clinicians or by advanced graduate students under licensed supervision.

Please find us online at counselingcenter.utah.edu or @uof ucounseling on most of your favorite social media platforms.

UNIVERSITY WELLNESS CENTER
801-581-6826 • wellnesscenter.utah.edu

The University Wellness Center (UWC) offers resources and programs to help students maintain a healthy lifestyle. We provide information and resources on topics such as nutrition, exercise, stress management, and substance abuse prevention. Our mission is to promote well-being and create a supportive environment for all students.

Please find us online at wellnesscenter.utah.edu or @uofuwellness on most of your favorite social media platforms.

PARENT & FAMILY HANDBOOK
Scholarships and Financial Aid

UNIVERSITY OFFICE OF SCHOLARSHIPS AND FINANCIAL AID (UOSFA)

801-581-6211 • financialaid.utah.edu

The University Office of Scholarships and Financial Aid (UOSFA) assists the University in leveraging its resources and accomplishing its goal of recruiting, retaining, and graduating students, while enhancing the student experience. The office maintains a scholarship application system for the campus, called AcademicWorks. The University of Utah offers both need-based and merit-based financial aid, in addition to financial assistance from the federal government. Visit the UOSFA website for information about types of aid, including scholarships, grants, loans, and work-study. The UOSFA also has several staff members who will assist students and families with questions about financing college.

FREE APPLICATION FOR FEDERAL STUDENT AID (FAFSA)

fafsa.gov

We encourage all students to complete the FAFSA. In order to qualify for scholarships, federal grants and loans and work-study programs, students must complete the FAFSA. The UOSFA is here to help with the process. Contact us for help or to answer any questions you and your student have.

FEDERAL PELL GRANTS

studentaid.ed.gov/ia/types/grants-scholarships/pell

Pell grants are usually awarded to undergraduate students who have not earned a bachelor’s degree or professional degree. The amount of aid you receive depends on your financial need, the cost of attendance, and other factors.

DIRECT SUBSIDIZED

studentaid.ed.gov/ia/types/loans/subsidized-unsubsidized

Subsidized student loans are available for students who have demonstrated financial need. They have slightly better terms than unsubsidized student loans, because the US Department of Education pays your interest while you are in school and for six months grace period after you graduate.

FEDERAL UNSUBSIDIZED LOANS

studentaid.ed.gov/ia/types/loans/subsidized-unsubsidized

Unsubsidized loans are available to students regardless of financial need. Students are responsible for repaying interest during all periods.

WORK-STUDY

studentaid.ed.gov/ia/types/work-study

The Work-study program provides part-time employment on or off campus while the student is enrolled in school. It is available to undergraduate, graduate, and professional students with financial need.

TUITION PAYMENT OPTIONS

801-581-7344 • fbs.admin.utah.edu/income/

Income Accounting accepts payments for tuition, miscellaneous student fees, loan payments, and dishonored check payments. The office also cashes checks that are $25 or less for with a valid UCard.

Bills are generated for institutional, federal, short term loans, and dishonored checks, and are sent to students and borrowers from this office. This office counsels student loan borrowers with payment issues, federal loan deferments and cancellation requirements, loan entrance and exit counseling, and credit reporting issues.

Student tuition bills are generally due in full on the 10th day of the semester, and are only available through your student’s Campus Information Services (CIS) portal. However, Income Accounting also offers options for tuition payment, including short-term loans, payment plans, and tuition deferrals.
Lodging and Transportation Options for Visitors

Visiting campus allows you to get a feel for college life and see everything that the U has to offer. We hope you can join us for Parent & Family Weekend or the other events the Office of Orientation & Transition offers. Below are options for transportation and lodging to make any visit to the U an enjoyable one. Also, an interactive campus map can be found at [map.utah.edu](http://map.utah.edu).

**UNIVERSITY GUEST HOUSE**
888-416-4075 or 801-587-1000 • universityguesthouse.com
110 S. Fort Douglas Blvd.
Located on campus near the University's on-campus housing. Mention the Parent Association and you will receive a discounted nightly rate.

**MARRIOTT UNIVERSITY PARK**
801-581-1000 • marriott.com
480 Wakara Way (in the University's Research Park)

**UTAH TRANSIT AUTHORITY (UTA)**
rideuta.com
UTA is Salt Lake's public transit system, offering buses, light rail, and high speed rail options. Both light rail (TRAX) and buses directly serve the Salt Lake International Airport and the University of Utah campus.

**EXPRESS SHUTTLE UTAH**
expressshuttleutah.com
Shared ride service that will pick up at the airport and drop off at any address in the greater Salt Lake area.

**TAXI SERVICE**
slcairport.com/taxis.asp

Academic Resources and Requirements

To earn a bachelor’s degree from the University, students must complete all graduation requirements and meet minimum academic standards. There are four components of a degree:

1. **Academic Standards**
   - Earn a minimum total of 122 semester credit hours, 40 of which must be upper division (3000 level courses or higher)
   - Complete at least 30 credit hours and 20 of the last 30 credit hours at the University of Utah
   - Maintain a minimum 2.0 cumulative GPA (many majors require a higher GPA)
   - Apply and be approved for graduation

2. **General Education Requirements**
   Through General Education, students develop core skills in writing and math, an understanding of U.S. history, and broaden their knowledge in areas beyond the major.
   - One U.S. history or government course (American Institutions requirement)
   - Lower division writing course
   - Two math courses:
     - One course at college algebra level, or approved higher level, such as calculus
     - Statistics, logic, or higher level math such as calculus
   - Six Intellectual Explorations courses
     - There are four exploration areas: Fine Arts; Humanities; Physical, Life, and Applied Sciences; and Social and Behavioral Science
     - Students must complete two courses in each of the three areas outside the student's major.
     - Apply and be approved for graduation

3. **Bachelor’s Degree Requirements**
   In fulfilling bachelor’s degree requirements, students will further develop knowledge and skills in written and oral communication, diversity in U.S. society, global issues, and advanced math or science courses or foreign language.
   Requirements are:
   - Upper division communication writing course, typically related to the chosen major or discipline
   - Diversity course International requirement (either one course or learning abroad experience)
   - Additional bachelor's degree requirements based on type of degree:
     - Bachelor of Science (B.S.) or Bachelor of Social Work (B.S.W.) – two advanced math/science courses
     - Bachelor of Arts (B.A.) – fourth semester proficiency in a foreign language or American Sign Language
     - Bachelor of Fine Arts (B.F.A.) or Bachelor of Music (B.MUS.) – requirements included in major

4. **Major Requirements**
   Students are admitted to the University in "pre-major" status. Some majors have open admissions, while other majors have special admissions requirements, such as pre-major courses, a minimum GPA, and/or an audition or portfolio. Students will meet with academic advisors within their chosen major or department to learn about major requirements and to officially declare their major. Students are encouraged to declare a major as early as possible and to meet regularly with their major advisor to plan and monitor progress toward the degree.