Involved Parents Make Better College Students

INVOLVEMENT IS ALL ABOUT HELPING YOUR NEW U STUDENT TRANSITION INTO A SUCCESSFUL ADULT.

The Parent Association and the Center for New Student & Family Programs are just two of the many great resources for all parents of Utah students. Find more campus resources at orientation.utah.edu in the “Resources” section of the site.

Help Your Student Prepare for Their First Semester

> Begin the search for on-campus jobs now at studentjobs.utah.edu. On-campus jobs allow for flexible scheduling around classes and remove the need to commute between work and school.
> Buy books early — some may need to be ordered.
> Locate classes on campus and the time needed to get between them.
> Make arrangements for paying tuition.
> Bring a car to campus? Purchase your parking pass.
> Review the Parent & Family Calendar for important semester dates and parent events. Visit parents.utah.edu for the newsletter and great tips on supporting your student.

Handy Tips for U Parents!

> Listen and reassure. Students sometimes feel overwhelmed. Suggest mentoring, counseling, and advising services available at the U.
> Seek academic support. Tutoring and writing centers are available to give your student assistance when needed.
> Join something. Over 400 student clubs and organizations can help find a portal to match their interests.
> Meet faculty. Encourage close student/faculty interaction through mentoring and seminars.
> Sleep and eat well. Your student needs to keep their body and brain at peak performance.
> Be patient as they learn the ropes. Confidence with college classes and schedules takes time.
> Use your head. Discuss adult lifestyle choices, especially alcohol and safety, before they come to campus.
> Give a subject a try. Encourage intellectual exploration. Try learning for the sake of learning.
> Step back. Let your student learn to solve their own problems and make their own decisions. It can be tough on parents … but it’s so worth it!
Our Mission
The Parent Association helps promote student success, health, and safety by engaging parents in the University’s educational process and goals, and by providing a communication forum for parents.

Stay Informed
Membership in the Parent Association is FREE to all parents as long as you have a student enrolled at the University. It is a great means of staying informed about important dates, events, and programs for you and your student. You can connect with the Parent Association in a variety of ways:

- orientation.utah.edu
- parents@utah.edu
- 801-581-7069

It’s easy to keep up-to-date on events at the University. Every other month, Parent Association members receive an email newsletter full of information about important changes at the University, opportunities and offices on campus, and advice on ways to support your University of Utah student.

In addition, every two weeks you’ll receive the Bi-Weekly Digest email, keeping you informed of upcoming University events, U achievements and news, and approaching deadlines for you and your student. Occasionally you may also receive important messages for families of Utah students.

Become an Active Member
Through the Center for New Student & Family Programs and in conjunction with the Alumni Association, Associated Students of the University of Utah (ASUU), Housing & Residential Education (HRE), and many more campus organizations—we plan and participate in many campus events. We welcome your talents, time, and efforts to help make these a success!

Get Involved
There are lots of ways for parents to get involved at the University. You can choose to spend an hour helping out during a parent and family event, or serve on one of several Parent Association committees throughout the year.

No matter how you choose to help, we can definitely use your talents. Some ways you can help include: congratulating parents of newly admitted U students, marketing and advertising, and even event planning for the many parent and family events throughout the year.

You can make a difference! Have a flair for leadership? Then consider serving on the Parent Association Executive Committee. Executive Committee member activities include: U recruitment events in your home area, parent and family events, campus programs, and University-wide committee membership.

AUG. 21
PARENT ASSOCIATION WELCOME LUAU
5 – 7 p.m.
Kick off the year with your student and other new Utah families at Red Butte Garden.

AUG. 20
MOVE-IN WEEKEND
Move-in begins Thursday! Look for Parent Association members, who’ll be around to answer your questions!

AUG. 22
NEW STUDENT WELCOME
The official welcome for all new students and families. Learn Utah traditions and get excited about great opportunities at the University.

FEB. 2 - 4
SPRING CAREER FAIR EVENTS
Is your company interested in hiring Utah graduates? Here’s your chance to meet them in person.

JUNE / JULY
CONGRATULATING PARENTS OF ADMITTED STUDENTS
Reach out via phone to parents of newly admitted students and answer initial questions.

PARENT & FAMILY EVENTS AT THE U!
Visit our website for the dates and times for all parent and family events at orientation.utah.edu

WE SUPPORT STUDENT PROGRAMS
Families are important partners in offering students a deeply enriched academic education as well as services and programs that support student success, safety, and wellness. The Divisions of Student Affairs and Undergraduate Studies annually allocate Parent Fund gifts to directly support students in making the most of their University experience.

PARENT FUND
The Parent Fund is a key University of Utah partner in delivering excellence in academic and co-curricular programming. Student success is a top priority and Parent Fund contributions to programs that provide service to students regardless of age or income in global initiatives include Career Services, the Center for Student Wellness, Undergraduate Research Opportunities Program.

PARENT & FAMILY PROGRAMS
Parent and Family Committee activities include: recruitment events in your home area, parent and family events, campus programs, and University-wide committee membership.

PARENT & FAMILY AND NEW STUDENT ORIENTATIONS
Share your expertise with incoming parents and students. Get involved!